



### Program Overview

This highly interactive program takes participants through fun, thought-provoking workshops which use the DISC profiles to:

- Increase self-understanding
- Develop knowledge of communication in the workplace
- Uncover preferred styles of behaviour
- Recognise the preferred styles of others
- Analyse team styles
- Develop strategies to adapt communication approaches to improve team performance

### Participant Profile

This program is suitable for new and existing teams of any size. It can be delivered as a standalone program, as part of an offsite, team development day, or in conjunction with other workshops.

### Outcomes

- Greater understanding of workplace behaviour
- Increased insights into communication styles in the work place
- Stronger working relationships
- Greater confidence with managing differing communication styles
- Flexibility in communication style
- More effective results through better communication
- Increased team effectiveness

### Organisational Benefits

- Increased engagement
- Reduced conflict
- Reduced miscommunication
- Effective team communication
- Improved individual and team performance
- Strengthened working relationships
- Increased motivation
- Decreased judgement

“The way we communicate with ourselves and with others ultimately determines the quality of our working lives .”

	<b>Length</b> Two half-day modules.	<b>Group size</b> 5 - 50+	<b>Room</b> Café	<b>Includes</b> Personal DISC Report Team DISC Report Pre-reading Post reading Follow Up Participant Notes

**Channel Development: Accelerating People & Performance.**

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## About DISC

DISC is based on the work of psychologist William Marston and operates on the premise that when you understand yourself, you are then able to understand the behaviours and motivations of others.

The 10 minute questionnaire helps you to reflect on your own behaviour and personality traits, through which, you gain a deeper understanding of your strengths and weaknesses.

DISC is straightforward and easy to understand, so it is easy to use. With its longstanding track record, DISC has been tested and proven to work.

## Building Upon Strengths Through Coaching

Coaching is a powerful methodology to increase self insight, facilitate learning, and clarify ideas in order to build relationships with others.

This program offers the supplementary option of one on one, results focused coaching sessions to enable the participants to achieve their personal goals and objectives in attending the program.

These coaching sessions can be included in between modules or after the program to maximise results and sustain learning.

Channel Development is a Thomas International DISC accredited provider



## Module 1:

- Enhancing personal communication
- Understanding DISC
- Understanding yourself
- Identify preferred communication styles through individual DISC reports
- Communication in the workplace
- Identifying others preferred style
- Adapting your communication style

One-on-One Coaching

## Module 2:

- Enhancing team communication
- Analyse the teams DISC profiles
- Understand how the preferred styles interact effectively
- Develop strategies to improve team communication

One-on-One Coaching

## Investment:

On Application

