



Program Overview

This interactive workshop aims to encourage, motivate and equip managers with tools and strategies for giving and receiving feedback.

Participants will be given the opportunity to experiment with techniques they have learnt. This program provides participants with the opportunity to:

- Understand the value of feedback
- Learn about feedback models
- Develop strategies for delivering feedback
- Develop strategies for receiving feedback
- Use the art of effective questions
- Have a difficult feedback conversation
- Learn how to reframe thinking
- Learn how to overcome negative reactions to feedback
- Turn feedback into development

Outcomes

- Overcome the fear of feedback
- Feel confident when seeking feedback to improve performance
- Increase confidence and effectiveness in delivering feedback
- Gain greater confidence in giving oral feedback
- Commitment to an ongoing action plan to practice and improve feedback skills

Organisational Benefits

- Effective feedback discussions which drive improvements in both individual and team performance
- Encourage, motivate and equip participants with practical tools
- Increase performance review effectiveness
- More effective conversations

Participant Profile

This program is designed for individuals in a group learning environment. It can be delivered as a stand-alone workshop or can be incorporated into a wider developmental program.

Building Upon Strengths Through Coaching

Coaching is a powerful methodology to increase self insight, facilitate learning, and clarify ideas in order to build relationships with others.

This program offers the supplementary option of one-on-one, results focused coaching sessions to enable the participants to achieve their personal goals and objectives in attending the program.

	Length One day workshop	Group size 5 - 50+	Room Optional: board, café, theatre	Includes Participant notes Pre-reading articles Post reading articles

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